Hello **Manta Ray** Parents and Swimmers,

## WE REALLY NEED YOUR HELP TO MAKE OUR CLUB A BETTER, SAFER, & MORE PROTECTED PLACE FOR OUR MEMBERSHIP TO THRIVE!

USA Swimming has a program called **"SAFE SPORT"**. USA Swimming is committed to safeguarding all of its members with the welfare of its athlete members as top priority. Safe Sport is USA Swimming's comprehensive abuse prevention program and provides tools for swim clubs to educate their members and intervene in risky situations.

We, **Manta Ray Aquatics**, fully endorse and support USA Swimming's Safe Sport and Safety programs by helping to provide countless resources for our club members on our very own website, www.mraswim.org

**OUR GOAL, AS A TEAM, IS TO BECOME A "SAFE SPORT RECOGNIZED" CLUB BY USA SWIMMING.** In order to do this, certain requirements must be met. Some of which include learning exercises for our swim parents and athletes. **WE NEED ALL OF OUR SWIM PARENTS AND ATHLETES TO TAKE A QUICK COURSE ONLINE WITH USA SWIMMING.** USA Swimming will track the number of people that take the quick online training program from our team and we will be awarded points based on our completion rate. **The more parents and swimmers that participate, THE BETTER!** 

## PLEASE HELP OUR TEAM BY TAKING A FEW MINUTES TO COMPLETE A TRAINING EXERCISE THAT WILL HELP TO PROTECT OUR SWIMMERS AND OUR MEMBERSHIP!

**PLEASE** follow the instructions below:

- 1. Go to www.mraswim.org
- 2. Click the "Safe Sport" tab on the upper left
- 3. Click on "Safe Sport for Non-Members"
- 4. This link will direct you to the USA Swimming Website: <u>learn.usaswimming.org</u> link for NON-USA SWIMMING MEMBERS.
- 5. Please click "Register"
- 6. On the right, please click "Create Account" for Non-Member access to LEARN
- 7. Please fill in all of the required personal information and be sure to select "SAN DIEGO IMPERIAL SWIMMING as your LSC and "Manta Ray Aquatics" for your club.
- 8. Select "Courses"
- 9. Click the "Parent's Guide to Misconduct in Sport" or "Safe Sport for Athletes" box and follow the directions until completion.
- 10. If you are a <u>current member</u> of USA swimming, whether a parent or an athletes, please use your deck pass login information and navigate to the Safe Sport Training Area for these exercises. Thank you.

Thank you to everyone for your help with this matter! It is extremely important and we hope that everyone will take the time to make **MRA** a safer place!

Please let us know if you have any questions!

## **MRA**