

Manta Ray Aquatics, Swimmers

CODE OF CONDUCT

1. I will conduct myself with dignity and respect for others and for the property of others
2. I will be on time for practice, training sessions, and meets
3. I will comply with all the team rules
4. As a matter of team pride and courtesy, I will leave the MRA team area in a neat and clean condition at the conclusion of each practice session as well as swim meets. I understand this also applies to pool deck, locker rooms, restrooms, bleacher areas, pool decks and travel meet facilities.
5. I will practice and teach good sportsmanship
6. I will promote positive team spirit and morale
7. I will offer congratulations and encouragement to his/her opponents.
8. I will support my teammates at practice and at competition. Working together as a unit will benefit each team member and is an important part of MRA spirit and pride.
9. I will follow verbal directions of the coaching staff. At no time will disrespectfully attitudes by any swimmer be tolerated
10. I will respect the rights and space requirements of other groups using the swimming facility.
11. I will follow the MAAP rules and regulations set by USA swimming and MRA
12. I will practice the Safe Sport regulations at all times

