### **MEDICAL INFORMATION AND EMERGENCY RELEASE**

SW	rimmer # i
Na	me:
1.	In the space provided below, list any pertinent health or medical information and instructions or special problems. (Allergies, drug allergies, asthma, prescriptions. If swimmer has an inhaler or Epi-Pen, please list where they will be if a parent will not be on deck with the swimmer)
	(initial) Label Epi-pen and Inhaler. Notify coach daily to location of noted medication.
 fur	(initial) Parents/Guardian/Caretakers are responsible to monitor food allergies at team actions.
2.	Aside from yourselves, (the parents of the Athletes), please indicate an emergency contact that the coaches can contact in case of an emergency:
NAN	TE PHONE
Sw	rimmer #2
Na	me:
3.	In the space provided below, list any pertinent health or medical information and instructions or special problems. (Allergies, drug allergies, asthma, prescriptions. If swimmer has an inhaler or Epi-Pen, please list where they will be if a parent will not be on deck with the swimmer)
	(initial) Label Epi-pen and Inhaler. Notify coach daily to location of noted medication.
 fur	(initial) Parents/Guardian/Caretakers are responsible to monitor food allergies at team actions.
Sw	rimmer #3
Na	me:
4.	In the space provided below, list any pertinent health or medical information and instructions or special problems. (Allergies, drug allergies, asthma, prescriptions. If swimmer has an inhaler or Epi-Pen, please list where they will be if a parent will not be on deck with the swimmer) (initial) Label Epi-pen and Inhaler. Notify coach daily to location of noted medication. (initial) Parents/Guardian/Caretakers are responsible to monitor food allergies at team functions

# Manta Ray Aquatics

## Waiver/Release of Liability

#### PLEASE READ CAREFULLY BEFORE SIGNING.

parent/guardian/caretaker of the participant agree a hazardous activity. I recognize that there are certain r including but not limited to, injuries and death. The partite Manta Ray Aquatics swim team and hereby agr Aquatics swim team, Grossmont Unified High School E coaches, instructors, officers, directors, board member liability resulting from injury that may occur to the pactivities, while at the pool, outside the pool or any of Aquatics. The participant authorizes any representative of have the participant treated in any medical emergency participant and/or parent/guardian/caretaker agrees to care and transportation for the participant. I have not medical/health problems of which staff should be as supervise swimmers when they are outside of the pool and off the pool deck.  I HAVE CAREFULLY READ THE ABOVE LIABILITY	and understand that swimming is isks inherent in the sport of swimming is isks inherent in the sport of swimming icipant hereby agrees to participate with ees to hold harmless the Manta Radistrict, Cajon Valley School District, it is, agents and employees against an articipant while engaged in any tear other site being utilized by Manta Radistrict hand and fithe Manta Ray Aquatics swim team to during their participation. Further, the pay all costs associated with medical telease form an ware. Parents/guardian/caretaker must area, as well as supervising siblings of RELEASE AND SIGN IT WITH FUL
KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCI	Ξ.
Signed: Date Parent/Guardian if participant is under 18	:
Swimmers Names:	
Name:	_ Age:
Name:	_ Age:
Name:	Age:

## Photograph Release

I hereby authorize Manta Ray Aquatics to publish photographs taken at a team event of myself and/or the minor child or children listed below for use on the MRA website, social media, such as Facebook and Instagram, or marketing materials, as well as other team publications.

I hereby release and hold harmless MRA from any reasonable expectation of privacy or confidentiality for myself and for the minor child and children listed below associated with the images specified above. Parents/guardians/caretakers are responsible for removing swimmer from any group photo, if they do not want the swimmer in a posted picture.

Name:	Date:	
Signature:		
Swimmers Names:		
Name:	Age:	_
Name:	Age:	_
Name:	Age:	_
I do not	e permission for my child(s) picture to be used on the MRA website.	

I understand that in group shots or team shots with more than 2 people that may be unavoidable, but every effort shall be made to ensure the privacy of my child or children.